



# INDIAN ORTHOPAEDIC RHEUMATOLOGY ASSOCIATION (IORA)

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## From Secretary General's Desk

### Importance of IORA For Orthopaedic Surgeon

Orthopaedic Rheumatology is a rapidly evolving medicosurgical specialty important and useful for Orthopaedic Surgeons busy in Surgical practices. New scientific discoveries related to this specialty are largely related to better understanding of immunology, pathogenesis of major rheumatological disorders which are now described as autoimmune disorders.

**It is a heartening fact that the Indian Orthopaedic Rheumatology Association has matured over past six years into a well progressive enlarging group of orthopaedic professionals. The increasing number of conferences & workshops of this association and the never flagging spirit of the eager delegates bear testimony to this fact. It gives us immense pleasure to be a part of IORA Cargo Team.**

70% of Indian population lives in villages and patients have been going to Orthopaedic Surgeons for Joint pain Management, hence there has to be proper Training for the Disease (for both Medical & Surgical reasons)

We all very well know that the realistic goal of early management of Polyarthritis could be achieved with early patient presentation and increased Awareness both on the part of patient and treating Consultant. For taking care of joint disorders orthopedic surgeons must update themselves.

In general, both rheumatologist and Orthopaedic surgeon treat problems of the musculoskeletal system but the rheumatologist does it mostly with medication and the orthopedic surgeon does it with surgery. But is always surgery required ?? For oversimplification: Orthopaedic rheumatology caters the Medical and Surgical aspect of such diseases. IORA was formed for catering the needs of Ortho surgeon. The biggest

challenge in the developing countries like India is limited number of specialist with Rheumatology training especially in semi urban & rural areas and this is the main reason for IORA formation. The IORA aims to create awareness among Orthopaedic Surgeons for proper treatment & newer development in this Field. IORA create and develop international scientific relation with Rheumatology and favour as well as stimulate all efforts to do the Research work .

**IORA offer a unique forum for the exchange of scientific knowledge on the subject & sincere efforts of our organization will render best services to the orthopaedic fraternity. IORA represents this branch of medicosurgical knowledge at National as well as International level. I have no doubt that with such increasing awareness and interest in updating ourselves in this subject, the light at the end of the tunnel is bright indeed.**

Long Live IORA  
With Best Wishes

Dr Manish Khanna Sec  
General  
Dr Shantanu Lahkar  
Joint Secretary